

Fresh & nutritious dining

A wide range of delicious and nutritious food choices is vital to well-being. Dining is one of the most important times of the day, whether you're socializing with friends and family or experiencing one of our chef's exhibition cooking opportunities. We pride ourselves on offering restaurant-style

dining and ever-changing menu selections for daily breakfast, lunch and dinner.

Our dietitian is available for consultation and specialized menu planning. The following is just a sample of our daily menu options.

BREAKFAST

Fresh Fruit Selection
Assorted Cold or Hot Cereals
Cinnamon and Apple Spiced Pancakes served with Sausage Links
Scrambled Eggs and Bacon
Assorted Fruit Juices

LUNCH

Soup Du Jour
Cajun Lemon Chicken Salad with Breadstick
Dijon Ginger Ham with Au Gratin Potatoes and Roasted Beets
Classic Cheesecake

DINNER

Wedge Salad
BBQ Beef Brisket with Macaroni and Cheese and Roasted Tomatoes
Lemon Caper Turkey Cutlet with Yellow Squash
Blueberry Vanilla Tart

SIP STATIONS

Visit our daily Sip Stations that are available throughout our communities, which feature delicious recipes of infused water.

